

Over & Under Quilt

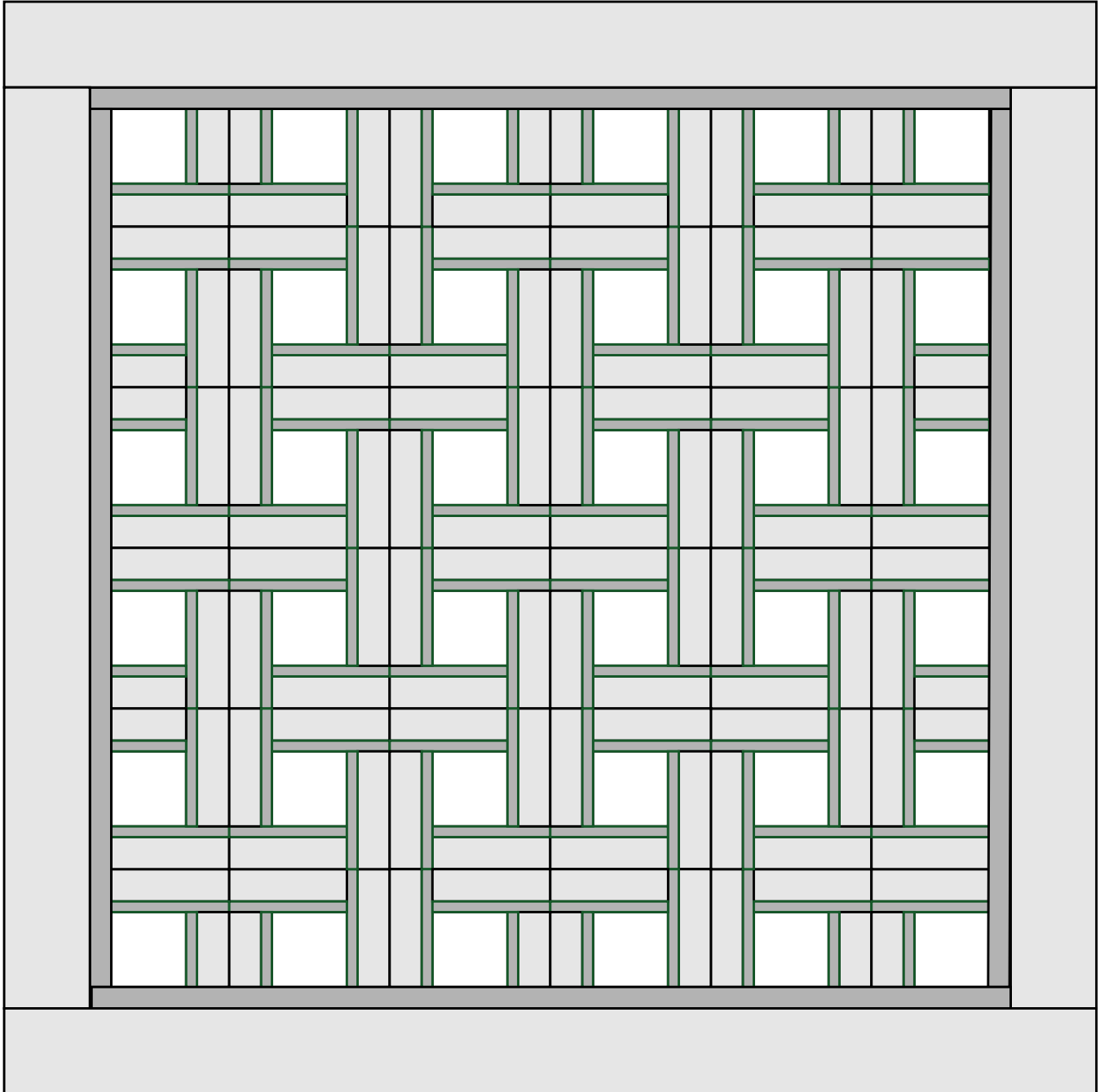
Double Cable Version

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Approximate Finished Size 60 x 60 inches

Over & Under Quilt ~ Double Cable Version

This project will focus on the quilting. It is recommended that you choose solid color fabric or fabric with small texture that “reads” like a solid fabric.

Avoid highly printed fabric. We WANT the quilting to show!

Supplies Needed	Class Project
Approximate finished size	60 x 60 inches
Fabric 1—Background—Light	1 yard
Fabric 2—Medium—“Bars”	1 1/2 yards
Fabric 3—Dark—“Bar Edges”	1/2 yard
Inner Border - Dark preferred	1/3 yard
Outer Border—Medium preferred	1 1/4 yard
Binding	3/4 yard
Batting	2 yards x 90 inches
Backing Fabric	2 yards 110 inches OR 4 yards 40 inches

This is a project using TEMPLATES. In order to complete this project you will need the following:

- A hand guided quilting machine with a minimum of a 9 inch workspace
- A quilting machine with a hopping/presser foot that allows quilting on all sides of the hopping/presser foot. (we will be working from both the front and back of a template.)
- An extended base unit for your quilting machine. **DO NOT ATTEMPT TO WORK WITH TEMPLATES WITHOUT AN EXTENDED BASE UNIT ON YOUR MACHINE!**

You will need the following supplies from **Longarm University** and are available at www.LongarmUniversity.com

- The Longarm University **4 inch Simple Cable** template set
- 2 inch **Stencil Grids**
- 6 inch **Feather Guide** template set

Piecing: You will need basic sewing supplies and basic sewing/quilting skills to piece the quilt top.

Quilting Thread: I highly recommend using contrasting threads when quilting this project. The contrast doesn't need to be extreme—unless you want it to be. We want to be able to see our quilting and we also want our quilting to be seen by others when we are finished. Use what every type of thread you and your machine are comfortable working with. Use as many colors of threads you want on this quilt. I also recommend a color of thread which matches your fabric color. This thread will be used for background and detail stitching.

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Quilting: The quilting is going to be template work and a small amount of free hand quilting. To accurately place and quilt our designs we will be drawing registration lines (a LOT of them) on our quilt top. You will need a marker that you are comfortable using on a quilt top. I recommend the Mark B Gone, water soluble (blue) marker on light fabrics and a Chalk O Liner with Miracle Chalk power in it for dark fabric. I also like using Crayola Fine Line Washable Markers. Please note that the Crayola markers wash out with detergent and warm water. The Crayola Fine Line Washable markers can be found at nearly every office supply store and many other stores including most grocery stores. A package of 8 markers is usually less than \$5.

***I use the Crayola markers only on my own quilts,
NEVER, EVER on a customer quilt!***

Before quilting on the quilt, I recommend practicing your quilting. I **highly recommend** purchasing a piece of clear, 1/8 inch Plexiglas (plastic), You can find this Plexiglas at your local hardware store and it usually comes in a piece that is 18 x 24 inches. You may want to measure the width of your workspace (the space between your machines rollers, where the actual quilting is done) and then get the Plexiglas cut to that width, or slightly smaller. This can be done at most hardware stores for little or no cost. Before using the Plexiglas, take either masking or duct tape (which now comes in many different colors) and place it over the cut edges of your piece of the Plexiglas. The tape serves two purposes. 1) it protects the edges of the Plexiglas. Sometimes the edges can be a little sharp and could scratch you or the tear the quilt. 2) The tape will also make a boundary or edge around the Plexiglas. This will prevent you from drawing off the edge of the Plexiglas.

We are going to place this piece of Plexiglas directly on top of the quilt top and draw your quilting designs directly on to the Plexiglas. I like to use a **Vis-à-Vis transparency marker** to draw on the Plexiglas. You will be able to see the quilt through the Plexiglas and see exactly how your quilting will look when finished. NOTE: The Vis-à-Vis transparency marker wipes off of the Plexiglas but it is **PERMANENT WHEN DRAWN ONTO FABRIC!** Ask me how I know this! Erase the marker using a damp paper towels.

There is a brief video tutorial on how to use the Plexiglas to draw your quilting designs on the Longarm University Tutorial Page.

Other items you will need to complete this project:

- Temporary Quilt Basting Spray, any brand (I prefer the June Taylor brand)
- 6 x 24 inch quilting ruler to make straight registration lines, or any other straight edge ruler that fits the workspace of your machine.
- high sheen polyester, or any other "slippery" thread for machine basting. This will be explained in the video quilting instructions.

We will be using templates for this project. When using templates of any kind, YOU MUST USE A BASE UNIT ON YOUR MACHINE! Make sure you base unit will securely attached to your machine. I will be talking about the base unit in the video quilting instructions.

REMEMBER this is a FUN project! This project does not need to be perfect. World peace does not depend on perfect piecing or quilting!! This is a project "just for you" and to learn how to use templates to make beautiful quilting designs.